

# Leaving the Royal Berkshire Hospital with self-funded care

**This leaflet explains what you can expect to happen if you are leaving the hospital and will be self-funding your onward care.**

Your clinical team have agreed that you are medically well enough to leave the Royal Berkshire Hospital but you need continued care elsewhere.

**You are liable to self-fund** because you have savings in excess of £23,250 and can access your money and arrange your own care. If you cannot access your money or arrange your own care, your Local Authority will advise you. If you are not able to make decisions about your care by yourself, we will support you and include the other people who you want to be involved. The clinical and Local Authority teams will ensure your 'best interests' are upheld under the Care Act 2014, taking Lasting Power of Attorney eligibility into account. Your wishes will be taken into account along with your safety.

## What can you expect to happen?

Whether your self-funded care is at home or in a care home, you will be given information specific to you about your care and support needs to share with the service provider that you choose. This will ensure that you or your delegate purchase the most appropriate care for your needs. You will also be provided with a copy of the Berkshire Care Directory. Other information about care providers is available on the Care Quality Commission website:

<https://www.cqc.org.uk/about-us>

As a 'self-funder' you will be responsible for all care costs. These vary a lot, depending on your needs. As a guide, for care at home you can expect to pay from £18 to £29+ per hour. For a care home placement, you can expect to pay between £1250 and £2000+ per week (2022 prices). The hospital will arrange your transport to your home or to a local care home free of charge.

## How quickly will you be expected to leave the hospital?

Finding the right care can take time. If you are going home with care support in the home, this might take only 1-2 days. If you need to go to a care home, the manager of your chosen home might visit you on the ward to check they can provide all of the care that you need. Once a provider or care home has been agreed that can meet your needs, you will need to make arrangements to leave the hospital as soon as possible. You can normally expect to be discharged to your care home in five days, although this may vary, depending on the level of care you require.

