

Web access to anaesthetic specific maternity information leaflets

There are many sources of anaesthetic maternity information locally and nationally. This leaflet explains where to find this information.

How to find

Leaflets can be accessed via the Trust website www.royalberkshire.nhs.uk/

- Select 'Our Services' tab and then 'Maternity' [Maternity | Royal Berkshire NHS Foundation Trust](#). Scroll down and at the bottom right select '[Maternity Information Leaflets](#)'
- The leaflets are presented in alphabetical order and all the anaesthetic specific leaflets are listed below:
 - Anaesthetic specific maternity information leaflets – web access
 - Anaesthetic advice on heparin and low weight molecular heparin (LWMH) injections
 - Anaesthetics for Caesarean birth
 - Bad back during pregnancy and labour
 - Breast feeding and pain relief
 - Epidural information card
 - Epidural or spinal – Postnatal advice
 - Epidurals for pain relief including programmed intermittent epidural boluses (PIEB) pumps
 - General anaesthetics on Delivery Suite
 - High BMI – Why might I need to see an anaesthetist?
 - Maternity: Will I need a blood transfusion?
 - Obstetric Anaesthetist Association (OAA) - translations on pregnancy issues
 - Pain relief after birth
 - Pain relief in labour
 - Remifentanil patient controlled analgesia (PCA)

National anaesthetic maternity information

We recommend the following website for further information, written by the Obstetric Anaesthetists' Association:

- www.labourpains.org Including leaflets in other languages
 - <https://www.labourpains.org/translated-information/overview>

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Dr G Jackson & Dr D Barker, Consultant Anaesthetists, February 2020

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Compassionate

Aspirational

Resourceful

Excellent