

## Contacting us

If you have any questions or concerns about the One Stop Urology Clinic, the Urology Procedures Department can be contacted for advice on weekdays between 8.30am – 4.30pm via the Urology Clinical Admin Team (CAT 3a) Tel: 0118 322 8629 or email [rbb-tr.CAT3A@nhs.net](mailto:rbb-tr.CAT3A@nhs.net). Telephone Hopkins Ward on 0118 322 7771 at other times.

If you need any help or information regarding your hospital visits, our Patient Advice & Liaison (PALS) Team should be able to help. Contact them on 0118 322 8338 or email [PALS@royalberkshire.nhs.uk](mailto:PALS@royalberkshire.nhs.uk)

## Further information

- <https://www.royalberkshire.nhs.uk/our-services/urology/>
- [www.baus.org.uk/patients/information\\_leaflets](http://www.baus.org.uk/patients/information_leaflets)
- <http://labtestsonline.org.uk/>

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

RBFT Urology, February 2023.  
Next review due: February 2025

# Welcome to the One Stop Urology Clinic

Information for patients

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## **This leaflet explains what to expect on your first visit to the One Stop Urology Clinic at the Royal Berkshire Hospital.**

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### **What is it?**

The One Stop Urology Clinic aims to see all new suitable urology patients to perform any minor procedures or investigations required, during that first outpatient appointment.

The clinic will be held twice a week, on Thursday and Friday mornings, but patients may need to stay in the department, going into the afternoon, depending on which procedure or investigation is required.

As you may be in the clinic for some time, it is probably a good idea to bring something with you to occupy your time.

The hospital has free WiFi for patients and visitors – available on the RBFT\_GUEST network.

### **What will happen on the unit?**

Following a discussion with the specialist doctor, you may have various investigations or procedures carried out. These include:

- Urinalysis
- Flow rate and post-void residual
- Ultrasound
- X-ray
- Flexible cystoscopy
- Intermittent self-catheterisation training
- Trial without catheter
- Transrectal ultrasound
- Bladder instillation
- Transrectal ultrasound prostate biopsy.

We can provide a written patient information leaflet about most investigations or procedures so please ask if you would like one. Alternatively you can download leaflets about these procedures from [www.royalberkshire.nhs.uk/leaflets-catalogue/](http://www.royalberkshire.nhs.uk/leaflets-catalogue/)

### **Where is the clinic held?**

The One Stop Urology Clinic takes place in the Urology Procedures Department on level 1 in South Block. You are welcome to bring a relative or friend to wait with you but please be aware that space is limited in the department.

### **Refreshments**

You can eat and drink as normal before and during your appointment. As you may be in the clinic for many hours, it is a good idea to bring some refreshments with you. However, the hospital restaurant and café are just along from the clinic in South Block. Vending machines and a tea bar serving food and hot and cold drinks are available on the floor above (level 2 South Block). Ask at reception for directions.