

# Having an injection during an ultrasound

**This leaflet explains what happens during an ultrasound examination with injection in the Radiology (X-ray) Department at the Royal Berkshire Hospital. The examination is conducted by radiologist (specialist X-ray doctor).**

## Before the procedure

There is no need to follow any preparation. A health care assistant will greet you in the ultrasound area and one may be present during your examination.

No childcare facilities are available while you have your scan so please attend alone.

If you would like to be chaperoned during the ultrasound examination, please speak to a member of staff in the ultrasound department and a same sex member of staff will be provided.

## What is an ultrasound?

An ultrasound scan uses high frequency soundwaves to create an image of your body. To date, there are no known documented risks associated with this test.

## What happens during the ultrasound?

If you wish, you may change into a gown for the examination.

Warm gel is placed on an ultrasound probe, which is then moved over the skin of the area to be examined. The lights are dimmed to allow the radiologist to see the ultrasound screen more clearly. Most examinations last between 15 to 20 minutes. A radiologist will then discuss with you any further treatment available on the day. This usually involves a small injection of an anti-inflammatory steroid into the area of pain, to alleviate your symptoms.

## After the ultrasound

Following the scan, you can get dressed and leave immediately. You may be advised to take some painkillers, such as paracetamol, following dosage instructions on the packet.

## Results

We will send a report of your examination to your referring doctor; if this is a hospital specialist, then the specialist will contact your GP with the report.

## Contacting us

Radiology Department Tel 0118 322 7991

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

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