



Low Vision Clinic: Useful contact details

This leaflet gives useful contact details for patients using the Low Vision Clinics at all Royal Berkshire NHS Foundation Trust sites.

Contact us

Telephone: 0118 322 7169 then option 1 followed by option 2
or email: rbb-tr.OrthopticsReading@nhs.net

Our Low Vision Clinics are held at:

- Royal Berkshire Hospital in Reading
- West Berkshire Community Hospital in Thatcham
- Prince Charles Eye Unit in Windsor
- Bracknell HeathSpace in Bracknell
- Townlands Memorial Hospital in Henley on Thames

For details of these sites, visit www.royalberkshire.nhs.uk/our-locations

The Low Vision Team

- **Orthoptists:** Gillian Smith / Jane Doran / Sarah Orme.
- **Optometrist:** Stephen Abery (responsible for testing for glasses if appropriate for patients' needs)

Both professions will assess patients to find suitable low vision aids to be loaned on the NHS, to help patients make the most of their vision. Also they can advise about lighting, contrast sensitivity, glare and electronic aids, if appropriate.

Eye Clinic Liaison Officers

Our Eye Clinic Liaison Officers (ECLOs) are there to assist anyone living with sight loss or their relatives and carers, to access the support they need when they need it. Our ECLOs are Sarah Short and Sonya Nikchevska, tel: 07771 624195.

Community Care Service Vision Impairment Teams

Reading Vision Impairment Team	0118 937 6131
Wokingham Visual Impairment Team	0118 974 6896
West Berks Council Sensory Needs Team:	01635 503704
Windsor and Maidenhead:	01628 683744

Slough:	01753 690444
Bracknell:	01344 352000
Buckinghamshire:	01296 479970
Oxfordshire Sensory Needs Team:	01865 894935

Benefits

<https://www.gov.uk/browse/benefits/disability>

Local organisations

Berkshire Vision, tel: 0118 987 2803 or email info@berkshirevision.org.uk

MyVision Oxfordshire, tel: 01865 72 55 95 or email info@MyVision.org.uk

BucksVision, tel: 01296 487556 or email reception@bucksvision.co.uk

National organisations

Royal National Institute of Blind (RNIB) Helpline: 0303 123 9999

www.rnib.org.uk / www.rnib.org.uk/sightline-directory/

Macular Society Helpline: 0300 3030 111 www.macularsociety.org

Local Reading Group, tel: 0118 969 4096

Glaucoma UK <https://glaucoma.uk/> Sightline (helpline): 01233 64 81 70

Retina UK (Inherited Retinal Conditions), tel: 0330 111 4000

<https://retinauk.org.uk/information-and-support/about-inherited-sight-loss/>

UK Keratoconus Self Help Group, tel: 020 8993 4759

www.keratoconus-group.org.uk

Nystagmus Network, tel: 01427 718093 www.nystagmusnetwork.org

Guide Dogs for the Blind Association, tel: 0800 781 1444 (Mon-Fri 9am-5pm)

www.gdba.org.uk

Talking words

Talking Books | RNIB, tel: 0303 123 9999 or email helpline@rnib.org.uk

Calibre Audio Library, tel: 01296 432 339 www.calibreaudio.org.uk

Local Talking Newspapers www.tnf.org.uk

National Talking Newspapers & Magazines. Tel: 0303 123 999 (via RNIB helpline)

www.tnauk.org.uk

Torch Trust for the Blind (Bible for Blind & Partially Sighted People), tel: 01858 438260 www.torchtrust.org

Technology

Technology for Life, supporting people with sight loss | RNIB

Henshaws Knowledge Village, Sight Loss Hints & Tips www.henshaws.org.uk

Children and sight loss

Berkshire Sensory Consortium Services [Home | Berkshire Sensory Consortium Service](#)

Royal Society for Blind Children <https://www.rsbc.org.uk/>

VICTA, Support for visually impaired children, tel: 01908 240 831
www.victa.org.uk

Specialist support

Blind Veterans UK, tel: 0300 111 22 33 www.blindveterans.org.uk

OBAC: Organisation for Blind Africans & Caribbeans, tel: 020 7735 3400
www.obac.org.uk.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask before your appointment if you need this information in another language or format.

RBFT Orthoptics Department, May 2024. Next review due: May 2026