

Contacting us

0118 322 7826

palliative.care@royalberkshire.nhs.uk

Monday to Friday 8am-4pm

Weekends and Bank Holidays
(urgent service only) 8am-4pm.

Your feedback

If you would like to comment or leave feedback, you can talk to us or e-mail us at:

palliative.care@royalberkshire.nhs.uk

Or write to:

**Hospital Palliative Care Team
Royal Berkshire NHS
Foundation Trust
Reading RG1 5AN**

Other useful contacts

Macmillan Information Centre

Berkshire Cancer Centre

North Block, RBH

0118 322 8700

macmillan.information@royalberkshire.nhs.uk

Macmillan Cancer Support Line

0808 808 00 00

www.macmillan.org.uk

Patient Advice & Liaison Service (PALS)

0118 322 8338

PALS@royalberkshire.nhs.uk

To find out more about our Trust visit
www.royalberkshire.nhs.uk

Hospital Palliative Care Team, March 2022

Next review due: March 2024



Royal Berkshire
NHS Foundation Trust

The Hospital Palliative Care Team

Information for
patients, relatives
and carers

Provided by:

Date:

This leaflet explains the role of the Hospital Palliative Care Team.

What is palliative care?

Palliative care is the care of people with a life-limiting illness; it aims to help people achieve the best quality of life and can be involved at any stage of a person's illness.

How we may help

Support with the following needs:

- Physical
- Emotional
- Psychological
- Social
- Spiritual

Who we are

- Consultant in Palliative Medicine
- Nurse Consultant
- Clinical nurse specialists
- Palliative care nurses
- Occupational therapists
- Consultant clinical health psychologist
- Administrator

What we can help you with

- Symptom management.
- Emotional support for you and those important to you.
- Concerns or questions about your illness and treatment.
- Arranging discharge to achieve your preferred place of care.
- Information about social and practical issues.
- Planning for the future.
- Care at the end of life.

Leaving hospital

If you need help on discharge from hospital, we can refer you to teams in community to continue supporting you with any of the above. We will always discuss this with you first.

Advance care planning

This is a discussion about your future treatment and care. You do not need to do this unless you want to. If you would like our help with this, please let us know.

Things to think about:

- Treatments you may be offered.
- People important to you
- Your religious or spiritual needs.
- Pets, finances, making a will.
- Tissue donation.
- Where you would like to be at the end of your life.