



Royal Berkshire  
NHS Foundation Trust

# **Introduction to the colorectal and anal cancer multi- disciplinary team (MDT)**

Information for patients,  
relatives and carers

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**This leaflet provides information about the multi-disciplinary team (MDT) involved in your care at the Royal Berkshire Hospital. There are also some useful telephone numbers and website addresses that you may find helpful.**

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## **The multi-disciplinary team**

It is the policy of the MDT that all patients (irrespective of age and stage of the disease) with a new diagnosis of colorectal or anal cancer will be discussed at the multi-disciplinary team meeting (MDTM) at the earliest opportunity. At this meeting, the team will discuss individual treatment plans and follow-up arrangements to ensure that every patient with cancer receives the best possible care. These meetings will also be an opportunity to discuss difficult cases at any stage during treatment if necessary. The meetings take place weekly.

## **Who are the colorectal cancer MDT?**

- **Designated lead clinician (chair)**, who will take overall responsibility for the service.
- **Designated surgeon(s)**.
- **Oncologist**, with expertise in radiotherapy and chemotherapy.
- **Radiologist**, with expertise in looking at tumour sites on an x-ray.
- **Histopathologist**, with expertise in looking at the cells of tumour sites from biopsies.
- **Clinical nurse specialist (key worker)**, will provide information and support for patients.
- **Stoma nurse**, will provide stoma information and support for patients.
- **MDT co-ordinator**.
- **Users issues and patient information lead**.

- **Trials nurse**, will provide information to the team on any new trials.
- **Cancer support worker**, will provide information and support.

## Useful numbers

**Colorectal nurse specialists: 0118 322 7182**

Vanessa Newland, Key Worker

Claire Hawkins, Key Worker

Ciara French, Key Worker

Hannah Sheppard, Key Worker

Julie Fisher, Cancer Support Worker

Stoma Nurses 0118 322 7640

Adelaide Ward 0118 322 7471

Hunter Ward 0118 322 7535

Lister Ward 0118 322 7539

**Consultant surgeons: Clinical Admin Team (CAT3)**

Mr S Middleton **0118 322 6890**

Mr D Coull

Mr P Conaghan

Mr D McGrath

Mr Thiruppathy

**Consultant oncologists:**

Dr A Freebairn 0118 322 8030

Dr E Hill 0118 322 7861

Berkshire Cancer Centre 0118 322 7888 (9am–5pm)

King Edward Ward (Chemo) 0118 322 7646 (8.30am–5pm)

Radiotherapy Clinic 0118 322 7890 (9am–5pm)

Chaplains (multi-faith) 0118 322 7105

Patient Advice & Liaison Service 0118 322 8338

## Support groups

### **Macmillan Cancer Support**

Freephone 0808 808 00 00 [www.macmillan.org.uk](http://www.macmillan.org.uk)

Provides information, emotional support and practical advice by telephone or letter. Also provides information in other languages.

### **Beating Bowel Cancer**

Helpline 0208 9730011 [www.beatingbowelcancer.org](http://www.beatingbowelcancer.org)

Online patient forum

### **Reading Bowel Cancer Support**

**GroupTed Wingrove 0118 961 8297**

Allan Fennell 0118 987 1347

## Additional referrals

If you need a referral to any of the following services this can be arranged through either the consultant or the clinical nurse specialist.

- Counsellor
- Dietitian
- Physiotherapist
- Occupational therapist
- Community Palliative care nurse
- Citizen Advice

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

RBFT Berkshire Cancer Centre, Colorectal Team.

Reviewed: December 2023. Next review due: December 2025.