**Useful organisations and support groups**

**This leaflet gives contact details for useful organisations and support groups for people with eye / sight conditions.**

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| **Eye Clinic Liaison Officers****Low Vision Department**Royal Berkshire Foundation Trust 07771 624195sarah.short7@nhs.netsonya.nikchevska@nhs.net |
| **Berkshire Vision**Midleton House, 5 Erleigh Road, Reading RG1 5LR0118 987 2803info@berkshirevision.org.uk[www.berkshirevision.org.uk/](http://www.berkshirevision.org.uk/)  |
| **Local Visual Impairment Teams****Reading:** 0118 937 3747 **Wokingham:** 0118 974 6548**Bracknell:** 01344 352000 **Slough:** 01753 690444**Bucks:** 01296 479970 **Oxfordshire:** 01865 894935**West Berkshire:** 0118 930 2777 **Windsor/Maidenhead:** 01628 68 3744 |
| **Macular Disease Society**Tel: 01264 350551[www.maculardisease.org](http://www.maculardisease.org) |
| **Glaucoma Support**Sightline (helpline): 01233 64 81 70[www.glaucoma-association.com](http://www.glaucoma-association.com) |
| **Retinitis Pigmentosa Support**0845 123 2354[www.rpfightingblindness.org.uk](http://www.rpfightingblindness.org.uk)  |
| **UK Keratoconus Self Help Group**Keratoconus Self Help and Support Group020 8993 4759[www.keratoconus-group.org.uk](http://www.keratoconus-group.org.uk) |
| **Nystagmus Network** 01427 718093[www.nystagmusnetwork.org](http://www.nystagmusnetwork.org) |
| **RNIB**Support for visually impaired children and adults 0303 123 9999[www.rnib.org.uk](http://www.rnib.org.uk) |
| **Blind Veterans UK** 0800 389 7979[www.blindveterans.org.uk](http://www.blindveterans.org.uk) |
| **Victa**Support for visually impaired children01908 240 831[www.victa.org.uk](http://www.victa.org.uk) |
| **Guide Dogs for the Blind Association**0118 983 5555 [www.gdba.org.uk](http://www.gdba.org.uk) |
| **OBAC: Organisation for Blind Africans & Caribbeans**020 7735 3400www.obac.org.uk |

**Contacting us**

If you have a minor eye problem, please seek advice from your GP, optician or pharmacist. If urgent, please attend Eye Casualty or call 111.

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| Eye Casualty (Reading): | Mon-Fri 8.30am to 5pm; Sat & Sun & bank holidays 8.30am-12.30pm; Closed Christmas Day and New Year’s Day. |
| Eye Casualty: Prince Charles Eye Unit (Windsor): | Mon-Fri 8.30am to 5pm; Sat 8.30am-12.30pm; Closed Sun & bank holidays. |
| Dorrell Ward (Reading): | 0118 322 7172 (24 hours a day) |
| Eye Day Unit (Reading): | 0118 322 7123 (Mon-Fri 7am to 6pm) |

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

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