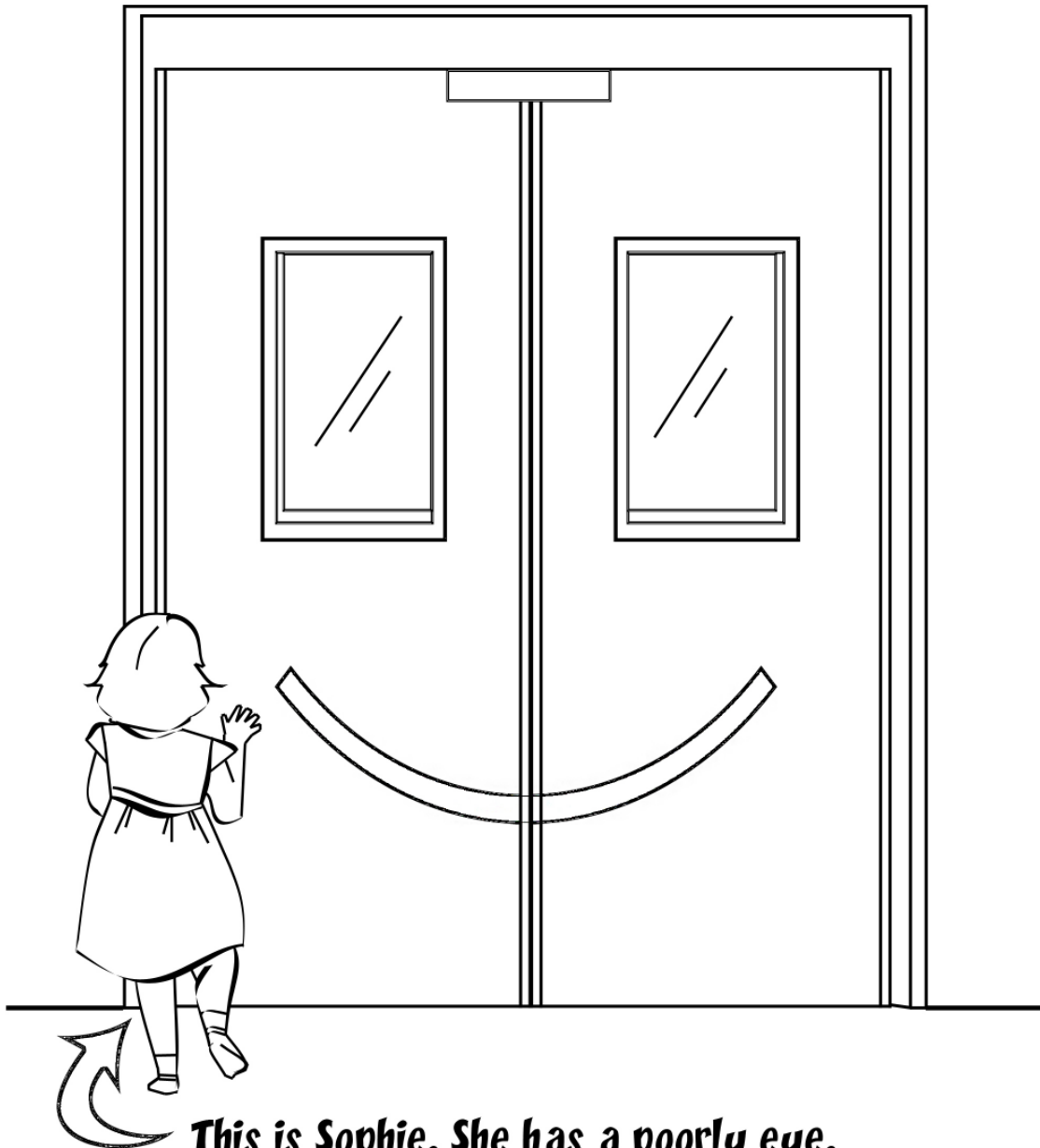




Sophie's big adventure at the Eye Clinic

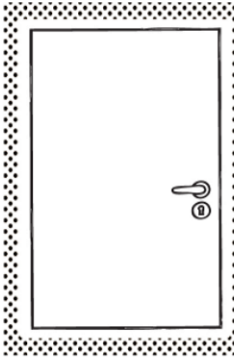
**Visiting Orthoptics
Departments in Berkshire**

SOPHIE'S BIG ADVENTURE AT THE EYE CLINIC



***This is Sophie. She has a poorly eye.
Today she is going to the eye clinic, just like you.
Let's open these doors so that the adventure can begin !***

SOPHIE'S ADVENTURE IN THE ORTHOPTIST'S ROOM



Draw a picture on the **DOOR** to the **ORTHOPTIST'S ROOM**



Hello Sophie!

ORTHOPTIST



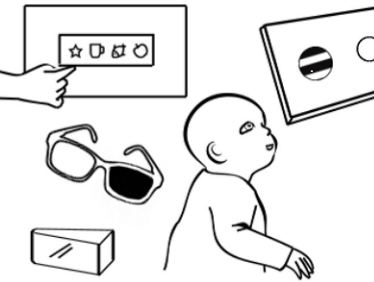
Today we are going to play **FUN GAMES** to see how your eyes work!



The first game is just like **PEEK-A-BOO**



I show you **PICTURES** and cover each eye for a short time, you tell me what you can **SEE**



Some children use other **TOYS** to test how well they can **SEE**

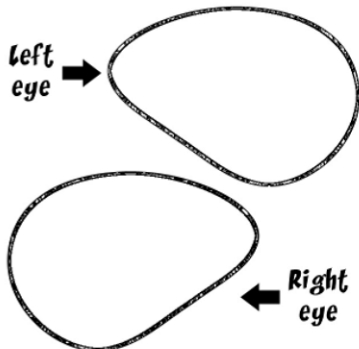
Which toys did **YOU** use today?



The next game is to find the **HIDDEN CIRCLES**



Sophie now will wear an **EYE PATCH** for a short time each day to help her poorly eye grow **STRONG**



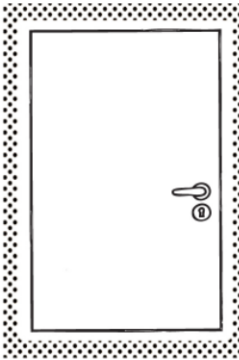
left eye

Right eye

Create your own **EYE PATCH**

What was your favourite thing about the Orthoptist's room today?

SOPHIE'S ADVENTURE IN THE MAGIC EYE DROP ROOM




Draw a picture on the **DOOR** to the **MAGIC EYE DROP ROOM**



Hello Sophie!

NURSE



The eye drops are **MAGIC**


and give your eyes **SUPER-POWERS**




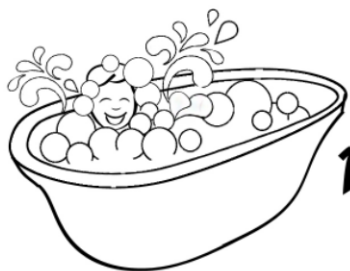
Your eyes become big magic **WINDOWS**
So the doctor can look inside ...



what **ANIMAL** can you see in Sophie's eyes ?



The **MAGIC** makes everything fuzzy - like looking underwater, but only lasts a short while and wears off when you get home ...



The drops feel like **WATER** from:

1 _____

2 _____



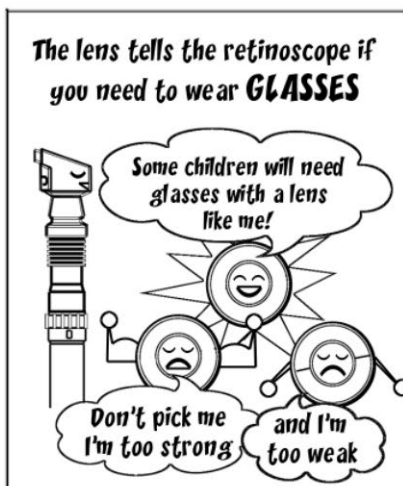
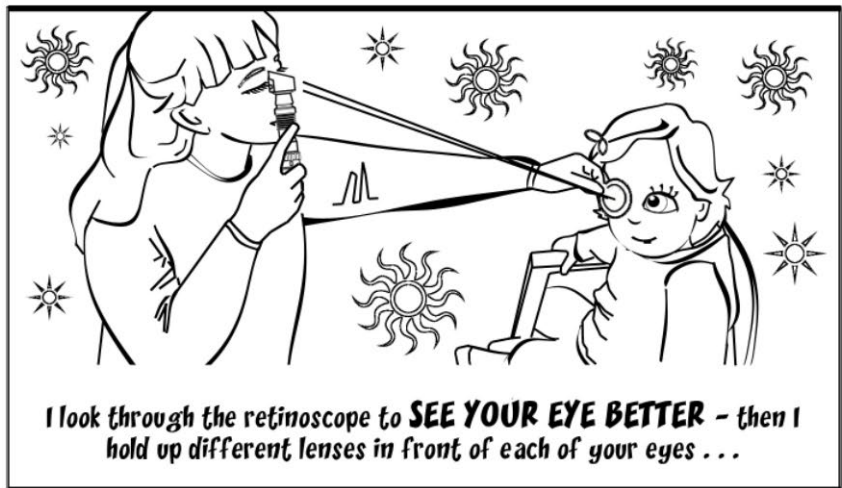
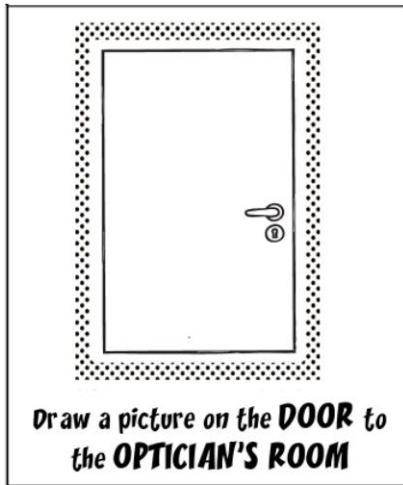
Sophie sits on mummy's knee and the nurse puts the drops in her eyes

'LET THE MAGIC BEGIN'

How many **MAGIC EYE DROPS** can you count on this page? _____

What did you **LIKE BEST** about your magic eye drops today? _____

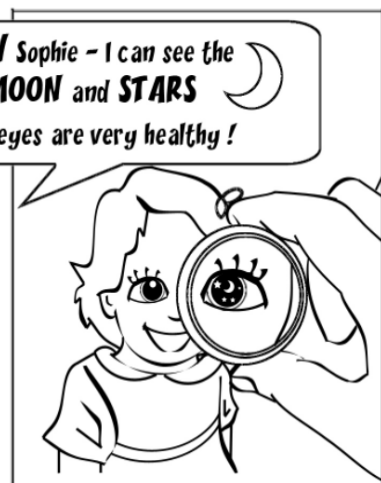
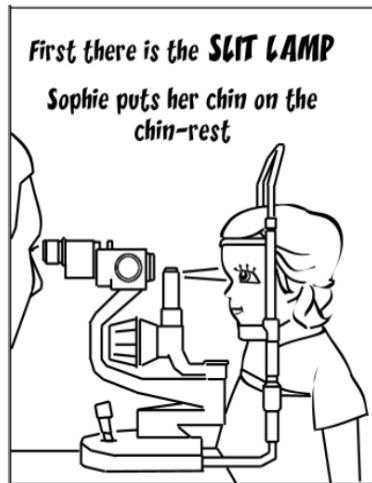
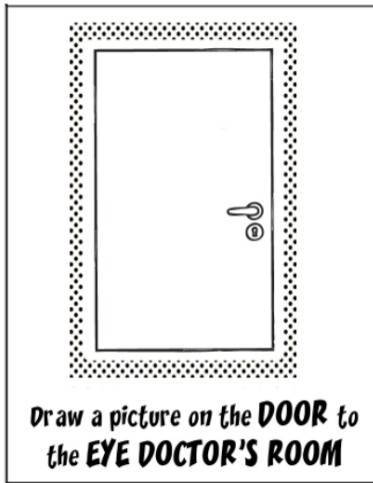
SOPHIE'S ADVENTURE IN THE OPTICIAN'S ROOM



How many **PAIRS OF GLASSES** can you count on this page? _____









Why are glasses good for some children? _____

SOPHIE'S ADVENTURE IN THE EYE DOCTOR'S ROOM



What did the doctor see in your eyes today?

Match the animal to their EYES

   	   
---	---

WORDSEARCH

T	N	O	I	S	I	V	D
P	U	P	I	L	H	A	R
M	Z	A	Y	I	R	X	O
E	O	T	E	G	Y	Z	P
Y	C	T	R	H	Q	A	S
E	D	O	C	T	O	R	E
Q	Y	P	P	A	H	U	E
S	E	R	F	U	N	X	S

FIND THE WORDS:


VISION PUPIL DOCTOR
 DROPS HAPPY SEE
 EYE FUN LIGHT

I spy with my little eye something beginning with ... E


What colour eyes do all of your friends have ?

FUN ANIMAL EYE FACTS:

Owls cannot move their eyes - that is why they turn their head almost all the way round !



The giant squid has the largest eyes on the planet - their eyes are the size of a football !



Created and designed by Saurabh Jain & Caroline Kilduff

Illustrations by Caroline Kilduff

Reproduced with permission from the Royal Free London NHS Foundation Trust

Copyright© The Royal Free London NHS Foundation Trust

Your Orthoptic Department

Level 2 Eye Block

Royal Berkshire NHS Foundation Trust

London Road, Reading RG1 5AN

Tel: 0118 322 7681

www.royalberkshire.nhs.uk/wards-and-services/orthoptic-department.htm

Royal Berkshire NHS Foundation Trust

Craven Road

Reading RG1 5AN

0118 322 5111 (Switchboard)

www.royalberkshire.nhs.uk

RBFT Orthoptic Department, February 2019.

Reviewed: February 2025.

Next review due: February 2027.