

Information for people newly diagnosed with lung cancer

Information for patients, relatives and carers

This information is for anyone recently diagnosed with lung cancer and their family and friends. You have probably got lots of questions and worries, and it can be hard to take everything in. This leaflet gives you key information about the services and facilities that will support you during your treatment.

Lung clinical nurse specialist (CNS) team

- Alli Hunt Lung Cancer CNS
- Catherine Symonds Lung Cancer CNS
- Paula Foster Lung Cancer Support Worker

Contact details for the CNS team

Tel: 0118 322 8994

Email: lungcancernurses@royalberkshire.nhs.uk

Our working hours are Monday – Friday 8am to 4pm.

We are not always available in the office, so please leave any nonurgent messages on our answerphone and include your name, date of birth, hospital number if known and contact details. Please be aware that calls from the hospital may show on your phone as unknown or starting with 0330.Any messages left after 3pm may not be answered until the next working day.

If you are receiving cancer treatment and your query is urgent, please contact your GP, NHS 11 or the triage line on 0118 322 7762.

About the team

The lung CNS team work closely with the respiratory medicine team, our thoracic surgeon and the lung cancer oncology consultants / doctors. We also liaise directly with their secretaries or administrative teams. Our role is to support you and your family through your lung cancer journey, from diagnosis onwards.

We are aware that you may meet many healthcare professionals who will be involved in your care, however we aim to be a continuous point of contact/information/advice and support throughout.

Our role is varied. It includes ward reviews and phone reviews, as well as being present in clinic. We work closely with other hospital departments and community services to provide holistic-based care to ensure your needs are met.

We also provide nurse led services and our own telephone clinics to ensure the best use of resources.

Secretaries' contact details

Dr Joss Adams' & Dr Lilian Cheung's secretary – Ananya Bandyopadhyay Tel: 0118 322 5362 (does not work Wednesdays) Email: ananya.bandyopadhyay@royalberkshire.nhs.uk

Other useful contact details

CAT 11 team for respiratory appointments – Tel: 0118 322 1894 or Email: <u>rbb-tr.cat11@nhs.net</u>

King Edward Ward (Chemotherapy) reception – Tel: 0118 322 7464

Lloyds Pharmacy - Tel: 0118 322 7798 or 0118 322 8984

Macmillan Information Centre (near Berkshire Cancer Centre entrance) – Tel: 0118 322 8700 or Email:

<u>macmillan.information@royalberkshire.nhs.uk</u> (open Monday to Thursday between 9am and 4pm and Friday 9am to 2pm, except bank holidays)

Medical Physics Department in the Cancer Centre – Tel: 0118 322 7355

Patient Transport booking line - Tel: 0300 1233 235

PET CT appointments at Oxford University Hospital (OUH) – Tel: 01865 235 733

PET CT appointments for Inhealth Team (Reading) – Tel: 0333 015 9971

Radiology Department for CT appointments - Tel: 0118 322 7991

Radiotherapy Planning Office for appointments – Tel: 0118 322 7872

Respiratory Clinic (RBH South Block) - Tel: 0118 322 3574

Bracknell HealthSpace Chemotherapy Unit - Tel: 0118 322 2907

West Berkshire Hospital Chemotherapy Unit - Tel: 01635 273 659

Parking at the Royal Berkshire Hospital (RBH)

Our car park has limited space and there may be delays waiting for a space. Please try to arrange alternative transport or if you do have to drive, please allow extra time to find a parking space. If you have specific concerns about transport, please discuss with the team.

Blood tests

As part of your treatment you may be required to have regular blood tests. We will advise you when these are required; however, you will be expected to arrange the blood tests yourself.

This can be either at your GP surgery, at Pathology in the RBH, Bracknell HealthSpace or West Berkshire Community Hospital in Thatcham.

To book a blood test at the RBH or Bracknell HealthSpace, email www.swiftqueue.co.uk and follow the links to register.

If you wish to attend the Berkshire Cancer Centre Clinic for a blood test, please call 0118 322 7888 and leave a message on the answerphone. A member of staff will return your call.

For a blood test at West Berkshire Community Hospital, telephone 0118 904 7900 or email www.wbch.sangix.co.uk to register online.

Lloyds Pharmacy at the RBH

Depending on your treatment, you may be required to collect your medication from Lloyds Pharmacy on the Concourse on level 2 Centre Block in the RBH.

Lloyds have a home delivery service, which you may like to discuss with them for collection or delivery of your medication. Contact Lloyds Pharmacy directly on 0118 322 7798 or 0118 322 8984 to discuss your needs.

Molecular test results

You may have been advised that we need to wait for further test results from your biopsy. These tests are performed at a laboratory in London and the process usually takes three weeks.

Once we have all of the results available, we will contact you to arrange an appointment.

ReSPECT

In your information pack there is a leaflet about ReSPECT. The ReSPECT (Recommended Summary Plan for Emergency Care and Treatment) process provides people with the opportunity to create a personalised plan for the clinical care they would want to receive in an emergency situation where they are not able to make decisions or express their wishes. If this is something you would like to talk about in more detail, Alli and Catherine are available to discuss and answer any questions. Just ask about ReSPECT when you speak to them.

Other useful sources of information

- Roy Castle Lung Cancer Foundation, Tel: 0333 323 7200
 <u>www.roycastle.org</u>
- Ruth Strauss Foundation, www.ruthstraussfoundation.com
- Macmillan Cancer Support, <u>www.macmillan.org.uk</u>.
- Macmillan offer a free counselling support via Bupa you can self-refer or ask your lung CNS to refer you.
 www.macmillan.org.uk/bupa-counselling
- Mesothelioma UK, freephone support line 0800 169 2409 www.mesothelioma.uk.com
- NHS England, www.nhs.uk
- Daisy's Dream (supports children and their families affected by the life-threatening illness or bereavement of someone close to them), Tel: 0118 934 2604 <u>www.daisy'sdream.org.uk</u>
- Fruitfly Collective (supports children, adults and families affected by cancer), <u>www.fruitflycollective.com</u>
- For patients with ALK-POSITIVE lung cancer, please visit www.alkpositive.org.uk
- For patients with EGFR-POSITIVE lung cancer, please visit <u>www.egfrpositive.org.uk</u>
- For patients with ROS-1 POSITIVE lung cancer, please visit www.ROS1ders.co.uk

Notes

To find out more about our Trust visit <u>www.royalberkshire.nhs.uk</u>

Please ask if you need this information in another language or format.

RBFT Lung CNS Team, July 2024 Next review due: July 2026