



# PEG tube removal by manual traction aftercare advice

---

**This leaflet gives you advice following the removal of your PEG tube using manual traction.**

---

## After removal of your PEG tube

Today you have had your PEG tube removed. A cut was made down the length of the tube, releasing air from the air-filled button / bumper. The tube was then pulled out using manual traction. You are unlikely to have any serious side effects but please be aware of the following:

- The site might feel a bit sore
- You may have some bleeding

## What to look out for

Serious side effects from this procedure are rare; however, look out for:

- Excessive bleeding
- Infection (oozing, redness or soreness, high temperature)

If you experience any of the above, please contact your GP immediately, informing them that you have had your PEG tube removed.

## Other advice

- No shower for 48 hours / no bath for 72 hours.
- Keep your dressing on for 24 hours. After 24 hours, remove the dressing. If the site is dry, do not re-dress. If site is bleeding or oozing, re-dress with the gauze and tape we provided.
- You can start eating and drinking two hours after the procedure.

## Contact numbers

**Enteral Nutrition Clinical Nurse Specialists:** Olivia Bentley-Kydd / Jomille Marfil-Laureano  
Tel: 0118 322 8342 or Email: [rbft.gastrostomyreferrals@nhs.net](mailto:rbft.gastrostomyreferrals@nhs.net) or Mobile: 07826 921372.  
Monday-Friday 8am-4pm. Outside of these hours, contact Sidmouth Ward on 0118 322 7468.

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

RBFT Endoscopy (Enteral Nutrition), February 2025. Next review due: February 2027.