

# Renal Remote Monitoring

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**This leaflet explains Renal Remote Monitoring can help you manage your kidney condition.**

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## What is Renal Remote Monitoring?

Remote Monitoring is a safe and effective way to monitor your condition without coming in for hospital appointments.

## How does it work?

You need to have regular blood and/or urine tests at your local GP surgery or hospital. We will give you the forms for the tests. Ideally, you will also have access to PatientView, the online renal monitoring system, on your computer or phone, so you can see your results and also upload your blood pressure (see additional leaflet for more details).

## What happens to the test results?

A doctor will review your results and, if they are stable, will write to you and your GP to give your next review date. Otherwise, a doctor will telephone you to discuss any changes required\*.

*\*If you have number identification or call barring on your phone, please be aware that calls from the hospital show up as an unidentified or private number.*

## What to do between reviews

If there is a change in your condition, please see your GP in the first instance. We also have an advice line. The number is: **Advice Line: 0118 322 6993** Available Monday-Friday 8am-4pm.

## Useful contacts

Kidney Care UK [www.kidneycareuk.org](http://www.kidneycareuk.org)

PatientView [www.patientview.org](http://www.patientview.org)

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

Department of Renal Medicine, April 2023.

Next review due: April 2025