

Have you experienced **raised blood pressure** requiring treatment in pregnancy?



SNAP2 Study

We are carrying out a study to investigate the role of **self-management** of raised blood pressure after birth and are looking for participants.

If you are yet to give birth or **have given birth in the past 7 days** and have had **raised blood pressure through pregnancy** (chronic hypertension, gestational hypertension or pre-eclampsia) and **require drug treatment when you go home following the end of pregnancy** then you are eligible for the study, provided you are aged 18 or over.

The study involves blood pressure measurement and questionnaires and would be in addition to your usual postnatal care

Contact: Child.research@royalberkshire.nhs.uk or 0118 322 8652

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