

Contacting us

Email: RBB-TR.PalliativeCare@nhs.net

Tel no: 0118 322 7826

Available 7 days a week 8am-4pm

If your phone call is unanswered, please leave a voicemail with your name and contact number and we will get back to you.

Other useful contacts

Macmillan Cancer Information Centre

Fridays 9am-2pm

0118 322 8700

www.royalberkshire.nhs.uk/services-and-departments/cancer/supporting-you-through-cancer/macmillian-information-centre

Macmillan Cancer Support Line

0808 808 00 00

www.macmillan.org.uk

Patient Advice & Liaison Service (PALS)

0118 322 8338

E-mail: PALS@royalberkshire.nhs.uk

www.royalberkshire.nhs.uk/get-in-touch/patient-advice-and-liaison-service-pals.htm

To find out more about our Trust visit

www.royalberkshire.nhs.uk

Your feedback

If you would like to comment or leave feedback about our service, you can talk to us: **0118 322 7826** or email us: **RBB-TR.PalliativeCare@nhs.net**

Your feedback helps to improve our service. Please scan the QR code to complete a short survey. Thank you.



Alternatively, go to [T.LY/ngUsn](https://t.ly/ngUsn)

Or write to:

Hospital Palliative Care Team
Royal Berkshire NHS Foundation Trust
Reading RG1 5AN

If you would like this information in another language or format, please contact us on 0118 322 7826 or email palliative.care@royalberkshire.nhs.uk

Hospital Palliative Care Team, April 2024

Next review due: April 2026



NHS

Royal Berkshire
NHS Foundation Trust

The Hospital Palliative Care Team

Information for patients,
relatives and carers

0118 322 7826

Please scan the QR code to take part in our 5-minute survey



This leaflet explains the role of the Hospital Palliative Care Team.

What is palliative care?

Palliative care is the care of people with a life-limiting illness; it aims to help people achieve the best quality of life.

Palliative care support may occur at any stage of a person's illness when our support is required.

How we may help

We recognise the importance of your emotional, psychological, social, and spiritual needs as well as your physical needs, and we work closely with the other professionals involved in your care to deliver personalised support to you and those important to you.

Who we are

We cover all areas of the hospital and the following professionals are in our team:

- Consultant in Palliative Medicine
- Nurse Consultant
- Clinical nurse specialists
- Palliative care nurses
- Occupational therapists
- Consultant clinical health psychologist
- Administrator

Why have I been referred to you?

You may have been referred to us for support with one or more of the following:

- Symptom management.
- Emotional support for you and those important to you.
- Concerns or questions about your illness and treatment.
- Arranging discharge to achieve your preferred place of care.
- Information about social and practical issues.
- Planning for the future.
- Care at the end of life.

What happens when I leave hospital?

If you need continuing support on discharge from hospital, we can refer you to the appropriate community teams and / or community palliative care services. We will always discuss this with you first, or those important to you, to gain consent before making any referrals

Planning for your future care

We recognise that it is not always easy to talk about the future, or what might happen if your condition gets worse. However, we can offer support with making important decisions about how and where you want to be treated and cared for going forward.

Advance Care Planning (ACP)

This is a discussion between you and those who are important to you about your future treatment and care. It is an entirely voluntary process and you do not need to do this unless you want to. If you would like our help or more information about this, please let us know.

Some things you may want to consider:

- Treatments that you might be offered.
- Other people you would like to be involved in your decisions.
- Religious or spiritual needs that others need to be aware of.
- Practical worries: pets, finances, making a will, putting your affairs in order.
- Tissue donation.
- Where you would like to be cared for at the end of your life.

The medical team responsible for your care can contact the on-call Consultant in Palliative Medicine for advice 24 hours a day, 7 days a week.

Please turn over for details about the availability of the Hospital Palliative Care Team.