



Balloon gastrostomy removal aftercare advice

This leaflet gives you advice following the removal of your balloon gastrostomy tube.

After removal of your balloon gastrostomy tube

Today your balloon gastrostomy tube has been removed. Water was withdrawn from the feeding tube and the tube was removed from your stomach. You may have experienced some discomfort, which is why we asked you to take some paracetamol two hours before your appointment time. Please continue to take pain relief over the next 24-48 hours as required. You are unlikely to have any serious side effects but please be aware of the following:

- The site might feel a bit sore
- You may have some bleeding

What to look out for

Serious side effects from this procedure are rare; however, look out for:

- Excessive bleeding
- Infection (oozing, redness or soreness, high temperature)

If you experience any of the above, please contact your GP immediately, informing them that you have had your feeding tube removed.

Other advice

- No shower for 48 hours / no bath for 72 hours.
- Keep your dressing on for 24 hours. After 24 hours, remove the dressing. If the site is dry, do not re-dress. If site is bleeding or oozing, re-dress with the gauze and tape we provided.
- You can start eating and drinking two hours after the procedure.

Contact numbers

Enteral Nutrition Clinical Nurse Specialists: Sarah Lupai / Olivia Bentley-Kydd

Tel: 0118 322 8342 or Email: rbft.gastrostomyreferrals@nhs.net or Mobile: 07826 921372 / 07385 938953. Monday-Friday 8am-4pm. Outside of these hours, contact Sidmouth Ward on 0118 322 7468.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Endoscopy (Enteral Nutrition), January 2024. Next review due: January 2026.

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