

If you are admitted to hospital at any time, please ask staff to inform your clinical nurse specialist.

My clinical nurse specialist is:

My key worker is:

Other useful numbers

Royal Berkshire Hospital

Main Switchboard: 0118 322 5111

Motor Neurone Disease Association:

08457 626 262

Reading Social Services:

0118 937 3747

Newbury Social Services:

01635 503050

Wokingham Social Services:

0118 974 6000

Orthotics:

0118 322 7551 / 0118 322 7552

Wheelchair Clinic: 0118 322 6706

MND Connect Helpline:

0808 802 6262

Websites:

Motor Neurone Disease Association:

www.mndassociation.org/

Health talk:

<https://healthtalk.org/motor-neurone-disease-mnd/overview>

Amyotrophic Lateral Sclerosis

Association: www.als.org

ALS Therapy Institute: www.als.net/

To find out more about our Trust visit

www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Neuro-Rehabilitation, June 2023

Next review due: June 2025



Royal Berkshire
NHS Foundation Trust

Clinical nurse specialist for motor neurone disease (MND)

Information for patients, relatives and carers

This leaflet aims to answer some of the questions you may have about the role of the clinical nurse specialist for motor neurone disease (MND).

What does the clinical nurse specialist (CNS) do?

- Can offer clinical expertise, support and information about motor neurone disease.
- Liaises with other health professionals and make referrals to help manage your condition.
- Is in contact with the neurologists and neuro rehabilitation consultants to discuss your care.
- Can review you in clinic, by video consultation, telephone, and if required at home.

Your multidisciplinary team

There are many health professionals and services that may be involved in your care to help maximise your independence, dignity and quality of life.

These include: community nurses, dietitians, occupational therapists, physiotherapists, palliative care, respiratory services, social services and speech and language therapists. The CNS works closely with these services and will take the lead to coordinate your care.

What can the clinical nurse specialist offer you?

- Information about your illness.
- Advice and support for you, your relatives, carers and friends.
- Advice on your continued care at home.
- Help with physical symptoms such as breathlessness, fatigue or nausea.
- Refer you to other services that may be able to help you, such as occupational therapy, physiotherapy, speech and language therapy, respiratory services, dietitians and the wheelchair clinic.

- Advice and support when making decisions about specific interventions.
- Advanced Care Planning.
- Signposting to services that can help you to apply for benefits.

Contact numbers

Clinical nurse specialist for motor neurone disease (MND)
Tel: **0118 322 8707**
Monday – Friday 8.30am – 4.30pm
(answerphone available), or email
jane.owen@royalberkshire.nhs.uk
caroline.crowley@royalberkshire.nhs.uk

Unfortunately, there is no emergency service. If you need urgent assistance, please contact your GP, out of hours' service or NHS 111.