

# Why have I been referred for a Fetal Medicine scan? Information for women and birthing people

You have attended the Maternity Ultrasound today for a routine scan. This might have been a dating, a 'combined screening', 20 week 'anomaly' or a growth scan.

#### **Explanation**

The sonographer (ultrasound technician) has either not been able to check all the details required to be seen or has identified that there 'may' be a possibility of an abnormality with the pregnancy, for which we offer a scan review by a specialist fetal medicine doctor. We aim to offer this review within 48 hours of your scan today (not including weekends and bank holidays). We understand that this may be an anxious time for you and would like to offer you the opportunity to speak with one of the fetal medicine midwives. Please let the sonographer or Maternity Reception know if you would like to see a fetal medicine midwife before you leave today. It may be that they are not immediately available after your scan, but you can arrange to return to see them face to face or to have a telephone call. If this is the case, the sonographer will provide the fetal medicine team with your details. We aim to provide this support within one working day of you being informed of your referral to fetal medicine.

### **Further questions**

If you have any further questions and/or would like to speak with the fetal medicine midwives, then please call the team on 07768 752 563.

#### **Further information**

You may wish to refer to: Antenatal Results and Choices (ARC) 0207 631 0285 <a href="https://www.arc-uk.org">www.arc-uk.org</a>
To find out more about our Trust visit <a href="https://www.royalberkshire.nhs.uk">www.royalberkshire.nhs.uk</a>

## Please ask if you need this information in another language or format.

A Wood, FM Lead MW, June 2023. Next review due: June 2025

## Our Maternity Strategy and Vision

'Working together with women, birthing people and families to offer compassionate, supportive care and informed choice; striving for equity and excellence in our maternity service.'

You can read our maternity strategy here



Compassionate Aspirational Resourceful Excellent