








## Further information

For more information you can download the Mum and Baby App. Search 'Royal Berkshire' in the 'Maternity units' section for information and links to the hospital website and Facebook page. Reading Maternity Voices support the Trust in improving our services. You can find out more on their website and Facebook group.

	Mother & Baby app – download for Apple or Android	 
	<a href="https://www.facebook.com/Royal-Berkshire-RBFT-Maternity">www.facebook.com/Royal-Berkshire-RBFT-Maternity</a>	
	<a href="https://www.twitter.com/RBFTmaternity">www.twitter.com/RBFTmaternity</a>	
	rbh_rbft_maternity	
	<a href="http://www.readingmaternityvoices.org.uk">www.readingmaternityvoices.org.uk</a>	

## Having your baby with a different NHS Trust (e.g. your local hospital or birth centre)

Your community midwife can refer you to a Trust of your choice following your first appointment. That Trust will be responsible for organising your scans, blood tests and hospital appointments. These appointments will take place at the hospital where you plan to give birth.

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

Community Midwife Lead, April 2018

Reviewed: April 2022

Next review due: April 2024



**Royal Berkshire**  
NHS Foundation Trust

## Midwifery Services in West Berkshire

To book your first appointment please call 0118 322 8964 and select Option 1

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## Congratulations on your pregnancy.

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In West Berkshire, there are three teams of dedicated community midwives and maternity support workers from the Royal Berkshire Hospital NHS Foundation Trust:



**Rose**



**Fuchsia**



**Jasmine**

Your midwife appointments will be in a location near to your home, making it easy for you to access our services.

**To book your first appointment please call 0118 322 8964 and select Option 1**

### Having you baby at the Royal Berkshire Hospital

The Royal Berkshire Hospital has a Delivery Suite and a Midwifery Led Unit, called Rushey Ward. Birthing pools are available in both areas. There is concessionary parking for those in labour.



**Delivery Suite room**



**Rushey Ward room**

### Having your baby at home

Our Homebirth Team offer a case loading model of care. This means that you will get to know a small team of specialist homebirth midwives.

If you are interested in learning more, please email [rbft.homebirthteam@nhs.net](mailto:rbft.homebirthteam@nhs.net).

You can also find the team on Facebook (Royal Berkshire Maternity: Homebirth Team).

For those with specific concerns about birth, our Birth Reflections Midwife and our consultant midwives can support you. Please ask your community midwife about this.

If you are planning to have your baby at the Royal Berkshire Hospital or at home, the following appointments can be held at the West Berkshire Community Hospital for your convenience:

- Hospital appointments, including obstetric clinics and physiotherapy;
- Baby's hearing screening.

Your community midwife will do your blood tests at your routine appointments.

Additional support is available to those who have suffered the loss of a baby, and to families with specific health or social needs. Community midwives work closely with a local services including perinatal mental health workers and health visitors. Your community midwife will refer you to the appropriate services.

If English is not your first language, we provide specialist antenatal classes in 'Easy English'. These are run by our link Maternity Support Workers and an ESOL trained teacher. Ask your midwife for a referral to these classes.

Interpreters can be provided at appointments if you require this service.