

## Contacting us

0118 322 7826

[palliative.care@royalberkshire.nhs.uk](mailto:palliative.care@royalberkshire.nhs.uk)

**Monday to Friday 8am-4pm**

Weekends and Bank Holidays  
(urgent service only) 8am-4pm.

## Your feedback

If you would like to comment or leave feedback, you can talk to us or e-mail us at:

[palliative.care@royalberkshire.nhs.uk](mailto:palliative.care@royalberkshire.nhs.uk)

Or write to:

**Hospital Palliative Care Team  
Royal Berkshire NHS  
Foundation Trust  
Reading RG1 5AN**

## Other useful contacts

**Macmillan Information Centre**

Berkshire Cancer Centre

North Block, RBH

0118 322 8700

[macmillan.information@royalberkshire.nhs.uk](mailto:macmillan.information@royalberkshire.nhs.uk)

**Macmillan Cancer Support**

**Line**

0808 808 00 00

[www.macmillan.org.uk](http://www.macmillan.org.uk)

**Patient Advice & Liaison  
Service (PALS)**

0118 322 8338

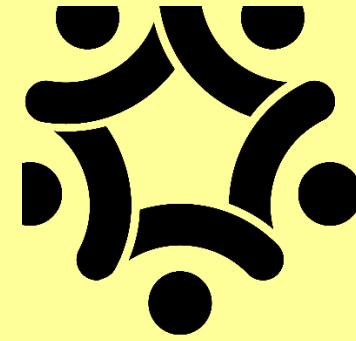
[PALS@royalberkshire.nhs.uk](mailto:PALS@royalberkshire.nhs.uk)

To find out more about our Trust visit

[www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

Hospital Palliative Care Team, January 2025

Next review due: January 2027



**NHS**

Royal Berkshire  
NHS Foundation Trust

# The Hospital Palliative Care Team

Information for  
patients, relatives  
and carers

Provided by:

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Date:

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## **This leaflet explains the role of the Hospital Palliative Care Team.**

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### **What is palliative care?**

Palliative care is the care of people with a life-limiting illness; it aims to help people achieve the best quality of life and can be involved at any stage of a person's illness.

### **How we may help**

Support with the following needs:

- Physical
- Emotional
- Psychological
- Social
- Spiritual

### **Who we are**

- Consultant in Palliative Medicine
- Nurse Consultant
- Clinical nurse specialists
- Palliative care nurses
- Occupational therapists
- Consultant clinical health psychologist
- Administrator

### **What we can help you with**

- Symptom management.
- Emotional support for you and those important to you.
- Concerns or questions about your illness and treatment.
- Arranging discharge to achieve your preferred place of care.
- Information about social and practical issues.
- Planning for the future.
- Care at the end of life.

### **Leaving hospital**

If you need help on discharge from hospital, we can refer you to teams in community to continue supporting you with any of the above. We will always discuss this with you first.

### **Advance care planning**

This is a discussion about your future treatment and care. You do not need to do this unless you want to. If you would like our help with this, please let us know.

### **Things to think about:**

- Treatments you may be offered.
- People important to you
- Your religious or spiritual needs.
- Pets, finances, making a will.
- Tissue donation.
- Where you would like to be at the end of your life.