



Royal Berkshire
NHS Foundation Trust

Occupational Therapy: Useful contact details for when you are discharged from hospital

Occupational Therapist: _____

Contact No: _____

The Trust does not have any links with the contacts listed in this leaflet and bears no responsibility for the service they provide.

Local councils / Social Services: *Can support with signposting, assessment of care needs, community OT, disabled badges, housing and carer assessments:*

Reading	0118 937 3747
West Berkshire Council	01635 292 130
Wokingham	0118 974 6892
Bracknell	01344 351 500
South Oxfordshire	0345 050 7666
Windsor & Maidenhead	01628 683 744
Slough	01753 475 111

NRS Equipment Collection / Maintenance

Berkshire	0844 893 6960
Oxfordshire	0845 223 2484

Red Cross: *Short term practical and emotional support at home following a hospital stay:*

Reading	0118 935 8239
West Berkshire	0300 456 1914
Wokingham, Bracknell & Ascot	0118 978 9008

Wheelchair Hire:

Red Cross – Reading	0118 935 8236
Red Cross – Bracknell	01344 425 176
Red Cross – Abingdon	01235 552 664
Mobility For You	01784 451 258
CCF Temporary wheelchair hire	0118 977 3116

Readibus: *A minibus service that will take wheelchair users and people with other disabilities to local places:*

Email info@readibus.co.uk 0118 931 0000

Shopmobility: *Provides wheelchairs and scooters for use at shopping centres:*

Reading, The Oracle	0118 965 9008
Newbury	01635 523 854
Oxford, Westgate	01865 248 737
Oxford, Cowley	01865 748 864
Bracknell	01344 861316
Windsor	01753 622 330
Maidenhead	01628 543 038

Wheelchair Taxis:

C.B. Cars, Bracknell	07836 691 785
65 Special Taxis, Newbury	01635 332 00
Cabco Taxis, Newbury	01635 333 33
JJM Taxis, Bracknell	01344 455 355
1 st Cars, Reading	08455 555 555
Berkshire Cars	0118 950 0400

Age UK: *Offers a range of services and support for older people, including a handyman, befriending and shopping services:*

Age UK, Berkshire	0118 950 2480
Age UK, Oxfordshire	0345 450 1276

Citizens Advice: *Offers a free confidential and impartial advice on a wide range of issues such as finances, housing and employment:*

Reading	0344 411 1306
Wokingham	0300 330 1189
West Berkshire	01635 516 605
Abingdon	0344 411 1444
East Berkshire	0808 278 7914

Social Prescribing:

Reading Voluntary Action	0118 937 2273
Involve Community Services Bracknell	01344 304 404
Involve Community Services Wokingham	0118 228 0480
Volunteer Centre West Berkshire	01635 581 001

Depending on which area live, some services may incur a charge.

Associations and Support Groups:

- The Stroke Association, Helpline 0303 303 3100 www.stroke.org.uk
- Different Strokes *Support for younger stroke survivors/under 65yrs old*, 0345 130 7172 www.differentstrokes.co.uk
- The Multiple Sclerosis Society, 0808 8008000 www.mssociety.org.uk
- The Berkshire Multiple Sclerosis Therapy Centre, 0118 901 6000 www.bmstc.org
- Headway (*for people following a head injury*), 0808 800 2244 www.headway.org.uk
- The Spinal Injuries Association, 01908 604191 www.spinal.co.uk
- The Limbless Association, 0800 644 0185 www.limbless-association.org
- The Parkinson's Disease Society, 0808 800 0303 www.parkinsons.org.uk
- Crossroads Association Support for carers, 0118 945 4209 (Reading),
01865 260280 (Oxford & Newbury), 0118 979 5324 (Wokingham) www.crossroads.org.uk
- Royal National Institute for the Blind, 0303 123 9999 www.rnib.org.uk
- RNID 0808 808 0123 <https://rnid.org.uk/>

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.