

Endoscopic ultrasound aftercare advice

Today you have had an endoscopic ultrasound – an examination of your gullet and /or stomach. You are unlikely to have any serious side effects but please be aware of the following information and advice.

What to expect after your procedure

- Your throat may feel slightly sore for a few hours.
- You may feel drowsy for several hours.
- You may feel a little bloated if some air used in the procedure has been left inside. These things will pass and there is no need for any medication.

Please be aware that:

- You must **not** drive for 24 hours.
- You must **not** operate machinery, drink alcohol or sign any legal documents until the next day.
- You may eat and drink normally one hour following the procedure (two hours if you had a fine needle aspiration – FNA).

Serious side effects from this procedure are very uncommon: however, if you have any problems with:

- A persistent sore throat
- Worsening chest pain or
- Abdominal pain
- Bleeding
- Fever / shaking / sweating – generally feeling very unwell.

Please contact your GP immediately, informing them that you had an endoscopic ultrasound.

If you experience any COVID-19 symptoms after your procedure, advice to manage your symptoms is available at www.nhs.uk/conditions/coronavirus-covid-19/.

Contact information

Up to 7 days after your procedure, contact the Endoscopy Unit (Mon-Fri 9am – 5pm) on 0118 322 7458 / 7459. Out of hours and weekends, ring Sidmouth Ward on 0118 322 7467 / 7468.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Endoscopy Unit, August 2022

Next review due: August 2024