



Home vision check after cataract surgery

This leaflet explains how you can check your vision at home after your cataract surgery. If you still have any questions after reading this information, then please ask any member of staff, who will be happy to help.

A few weeks after your cataract surgery, you will get a call from *Dora*, an automated artificial intelligence (AI) voice system, to conduct a follow-up assessment. You will then be asked to complete a vision check using *DigiVis DVA*, a new online test that can help assess your vision at home following surgery. The information from the *Dora* assessment and the vision check will then be reviewed by a doctor or nurse. If they think anything needs to be discussed further, a member of the hospital team will call you within 48 hours.

If you have any concerns about your eye, **either before or after your *Dora* call**, you should still contact the Eye Department on the numbers listed at the end of this leaflet.

Yours sincerely,
Dr Jen Anikina

What is *DigiVis DVA*?

DigiVis DVA is an online test of your vision that enables you to test your eye sight at home as accurately as we can measure it in clinic.

What are the benefits of *DigiVis DVA* home vision testing?

Your clinical team has recommended that you do a home vision assessment following your cataract surgery. The benefits of this include:

- It may reduce the number of times you have to attend the hospital for clinic appointments, avoiding time off work and any travel expenses.

- The home vision test can accurately detect any changes in vision.
- It can help you monitor your progress following the cataract surgery.

How do I use *DigiVis DVA*?

Your clinical team will send you a link by SMS text to your mobile phone or by email. This link will give you access to the online vision check. Clicking on the link will take you straight to the DigiVis website to do the test, where you will then just need to follow the instructions.



You will need:

- Two digital devices – any combination of smartphone, tablet, laptop or desktop.
- Reliable internet connection.
- A tape measure to measure a distance of two metres.
- A standard sized card (like a business card, ID card, credit or debit card). This is only needed for sizing the screen!

The easy-to-follow instructions within the application will then take you through the testing process. Once the test is complete, your vision results will be shown on your phone screen.

What if I am unable to access this test at home?

If you do not have access to suitable digital devices or you do not feel confident using the internet, please don't worry. You will still have your telephone follow-up call with *Dora*, and the clinical team will contact you if any further information is required.

Should I wear my glasses?

Generally, you should not wear your glasses for the vision check when testing the eye(s) that have had cataract surgery.

Contacting us

If you have a minor eye problem, please seek advice from your GP, optician or pharmacist. If urgent, please attend Eye Casualty at the Royal Berkshire Hospital or at Prince Charles Eye Unit in Windsor. Alternatively, call NHS Direct on 111.

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| Eye Casualty (Reading): | Mon-Fri 8.30am to 5pm; Sat & Sun & bank holidays 8.30am-12.30pm; Closed Christmas Day and New Year's Day. |
| Eye Casualty: Prince Charles Eye Unit (Windsor): | Mon-Fri 8.30am to 5pm; Sat 8.30am-12.30pm; Closed Sun & bank holidays. |
| Dorrell Ward (Reading): | 0118 322 7172 (24 hours a day) |
| Eye Day Unit (Reading): | 0118 322 7123 (Mon-Fri 7am to 6pm) |
| Eye Day Unit (PCEU Windsor – Reception) | 0300 614 6496 Mon-Fri 8am to 4pm) |

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another format or different language.

RBFT Ophthalmology

Reviewed by Sue Nuth, Ophthalmology Lead Nurse, July 2024. Next review due: July 2026