

# Inflammatory Arthritis: What now?

You are being investigated for (or have been diagnosed with) inflammatory arthritis. This form outlines what to expect next following your initial appointment with the doctor. The points that are ticked mean these are the steps you need to complete following this appointment. Use the 'Information for patients with suspected Inflammatory Arthritis' leaflet for further information and advice on what to do next.

## What happens next?

- Steroid injection in clinic
- If appointment is at RBH go to Lloyds Outpatient pharmacy at RBH to collect prescription provided by doctor
- If appointment at Bracknell, Townlands or WBCH) take green prescription to any pharmacy
- Get X-rays done (attend main Radiology as soon as possible for these)
- Complete initial blood tests using form provided as soon as possible
- Blood tests every 2 weeks using forms provided or sent in the post
- Other scans or ultrasound (we will contact you to organise this)

## Continuing management:

- Read 'Information for patients with suspected arthritis' leaflet for next steps
- Complete PROMs online when you are sent via text or email (see information leaflet for further details on PROMs)
- Contact your GP to ensure repeat prescription of medication from 1 month

## Contacting us

CAT 9 Rheumatology Team on 0118 322 7696 email [rbb-tr.cat9@nhs.net](mailto:rbb-tr.cat9@nhs.net) for administration or appointment queries

Rheumatology advice line on 0118 322 6574 for queries related to your condition

Rheumatology website [www.royalberkshire.nhs.uk/our-services/rheumatology](http://www.royalberkshire.nhs.uk/our-services/rheumatology)

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

Kathryn Rigler, RBFT Physiotherapy Department, July 2022. Next review due: July 2024