



Royal Berkshire
NHS Foundation Trust

Instructions for using your Florey@Home kit:

Pack 2

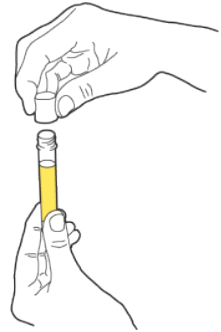


Please follow these steps to take a sample:

1. Pee the **first part** into the **collection pot** provided and the rest in the toilet.



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2. Remove the lid from the tube with the yellow label. You'll need this at step 5. **There is liquid in the tube, be careful not to spill this.**



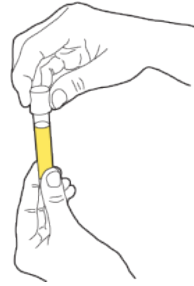
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3. Use the pipette to draw up some of your urine from the collection pot.



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4. Squeeze the urine into the tube, filling up between the black fill lines.



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5. Screw the lid back onto the tube tightly. **Do not pierce the foil cap of the lid.**



Put your completed samples into the absorbent pouch and clear bag provided. Place these **along with your completed registration form** into the return envelope.

Post your samples back us using any normal Royal Mail post box.

Please dispose of all rubbish in normal household waste.

For further information, advice and support, visit,
www.royalberkshire.nhs.uk/sexualhealth

To find out more about our Trust visit www.royalberkshire.nhs.uk

**Please ask if you need this information in
another language or format.**

RBFT Dept. of Sexual Health, Version 6, July 2025.
Next review due: July 2027.